

Morganton Monster Team Heat Sheet-Saturday Sept. 8th

EVENT 1	ATHLETE 1	ATHLETE 2	TEAM NAME	AFFILIATE	DIVISION	LANE
Heat 1 9:00am	MACKENZIE SNYDER	ASHLEY SMITH	BACHLORETTE PARTY	UNAFFILIATED	Women's Scaled	1
	MELISSA BAKER	SHAWNA DUCKWORTH	BAKEWORTH STRONG	ATHLETIC PERFORMANCE LAB	Women's Scaled	2
	LEEANN HENSLEY	MARIE CAREY	LITTLE RED WODING HOOD	CROSSFIT MORGANTON	Women's Scaled	3
	KALEY CONNER	HEATHER PETERS	MOMSTRONG	ASHE CROSSFIT	Women's Scaled	4
Heat 2 9:15am	BRANDY WEAVER	SARAH BROWN	SNATCH AND CURL	ATHLETIC PERFORMANCE LAB	Women's Intermediate	1
	ASHLEY COLLEY	MELANIE MILLER	MONSTARS	UNAFFIATED	Women's Intermediate	2
	JENNIFER PRICE	SAYLAR WYATT	SCALED AF	ASHE CROSSFIT	Women's Intermediate	3
Heat 3 9:30am	KENDAL MORETZ	TIFFANY NORMAN	DONUT DEADLIFTERS	ASHECROSSFIT/BOONE CROSSFIT	Women's Rx	1
	KATIE DEBAILLIE	HEATHER WARD	CHATTY CHALKERS	CROSSFIT CATAWBA VALLEY	Women's Rx	2
	KATE SETZER	BREANN TALLENT	DONUT GIVE UP	PEAK PERFORMANCE	Women's Rx	3
Heat 4 9:45am	KARA PETRUZZELLI	CHARITY HUFFMAN	BUILT NOT BOUGHT	CCV/CROSSFIT HICKORY	Women's Rx	1
	MINDY MELOTT	KRISTINE WHITE	SALUTE THE GLUTES	CROSSFIT MORGANTON/CCV	Women's Rx	2
	STEVIE DELLINGER	HILLARY PARHAM	AVERAGE JOES	UNAFFILIATED	Women's Rx	3
	SHALANA GROGAN	LAURA MCGLAMERY	JUDY'S WITH SASS	PEAK PERFORMANCE	Women's Rx	4
Heat 5 10:00am	VICTOR RAY	ADAM HENSLEY	HSTL MADE	HARD EXERCISE WORKS ASHEVILLE	Men's Scaled	1
	HADEN BAKER	RYAN HENSLEY	BENDING BARS AND BREAKIN' PRS	CROSSFIT MORGANTON	Men's Scaled	2
	GAVIN TANNER	ANTWAN GIBSON	ROLLING HEAVY	CROSSFIT SPARTANBURG	Men's Intermediate	3
Heat 6 10:15am	MATT WHITE	GARRETT HUFFMAN	THE CLEAN JERKS	CCV/CROSSFIT HICKORY	Men's Rx	1
	MARTY PETERS	BRANDON STEWART	PETER STEW	ASHE CROSSFIT	Men's Rx	2
	FRANK LEDEZMA	MATT MORETZ	JALAPENO HOTTIES	ASHE CROSSFIT	Men's Rx	3
Heat 7 10:30am	PATRICK HENSON	MARCUS LAROCHE	PEAK PERFORMANCE	PEAK PERFORMANCE	Men's Rx	1
	KIRK WILLIAMS	AARON BRITTIAN	PAIN & GAIN	CROSSFIT MORGANTON	Men's Rx	2
	LAWRENCE BELAS II	JONATHAN COLSON	JONATHAN & LAWRENCE	EAST 10	Men's Rx	3
EVENT 2	ATHLETE 1	ATHLETE 2	TEAM NAME	AFFILIATE	DIVISION	LANE
Heat 1 11:00am	MACKENZIE SNYDER	ASHLEY SMITH	BACHLORETTE PARTY	UNAFFILIATED	Women's Scaled	1
	MELISSA BAKER	SHAWNA DUCKWORTH	BAKEWORTH STRONG	ATHLETIC PERFORMANCE LAB	Women's Scaled	2
	LEEANN HENSLEY	MARIE CAREY	LITTLE RED WODING HOOD	CROSSFIT MORGANTON	Women's Scaled	3
	KALEY CONNER	HEATHER PETERS	MOMSTRONG	ASHE CROSSFIT	Women's Scaled	4
Heat 2 11:15am	BRANDY WEAVER	SARAH BROWN	SNATCH AND CURL	ATHLETIC PERFORMANCE LAB	Women's Intermediate	1
	ASHLEY COLLEY	MELANIE MILLER	MONSTARS	UNAFFIATED	Women's Intermediate	2
	JENNIFER PRICE	SAYLAR WYATT	SCALED AF	ASHE CROSSFIT	Women's Intermediate	3
Heat 3 11:30am	KENDAL MORETZ	TIFFANY NORMAN	DONUT DEADLIFTERS	ASHECROSSFIT/BOONE CROSSFIT	Women's Rx	1
	KATIE DEBAILLIE	HEATHER WARD	CHATTY CHALKERS	CROSSFIT CATAWBA VALLEY	Women's Rx	2
	KATE SETZER	BREANN TALLENT	DONUT GIVE UP	PEAK PERFORMANCE	Women's Rx	3
Heat 4 11:45am	KARA PETRUZZELLI	CHARITY HUFFMAN	BUILT NOT BOUGHT	CCV/CROSSFIT HICKORY	Women's Rx	1
	MINDY MELOTT	KRISTINE WHITE	SALUTE THE GLUTES	CROSSFIT MORGANTON/CCV	Women's Rx	2
	STEVIE DELLINGER	HILLARY PARHAM	AVERAGE JOES	UNAFFILIATED	Women's Rx	3
	SHALANA GROGAN	LAURA MCGLAMERY	JUDY'S WITH SASS	PEAK PERFORMANCE	Women's Rx	4
Heat 5 12:00pm	VICTOR RAY	ADAM HENSLEY	HSTL MADE	HARD EXERCISE WORKS ASHEVILLE	Men's Scaled	1
	HADEN BAKER	RYAN HENSLEY	BENDING BARS AND BREAKIN' PRS	CROSSFIT MORGANTON	Men's Scaled	2
	GAVIN TANNER	ANTWAN GIBSON	ROLLING HEAVY	CROSSFIT SPARTANBURG	Men's Intermediate	3
Heat 6 12:15pm	MATT WHITE	GARRETT HUFFMAN	THE CLEAN JERKS	CCV/CROSSFIT HICKORY	Men's Rx	1
	MARTY PETERS	BRANDON STEWART	PETER STEW	ASHE CROSSFIT	Men's Rx	2
	FRANK LEDEZMA	MATT MORETZ	JALAPENO HOTTIES	ASHE CROSSFIT	Men's Rx	3
Heat 7 12:30pm	PATRICK HENSON	MARCUS LAROCHE	PEAK PERFORMANCE	PEAK PERFORMANCE	Men's Rx	1
	KIRK WILLIAMS	AARON BRITTIAN	PAIN & GAIN	CROSSFIT MORGANTON	Men's Rx	2
	LAWRENCE BELAS II	JONATHAN COLSON	JONATHAN & LAWRENCE	EAST 10	Men's Rx	3

EVENT 3	ATHLETE 1	ATHLETE 2	TEAM NAME	AFFILIATE	DIVISION	LANE
Heat 1 1:00pm	MACKENZIE SNYDER	ASHLEY SMITH	BACHLORETTE PARTY	UNAFFILIATED	Women's Scaled	1
	MELISSA BAKER	SHAWNA DUCKWORTH	BAKEWORTH STRONG	ATHLETIC PERFORMANCE LAB	Women's Scaled	2
	LEEANN HENSLEY	MARIE CAREY	LITTLE RED WODING HOOD	CROSSFIT MORGANTON	Women's Scaled	3
	KALEY CONNER	HEATHER PETERS	MOMSTRONG	ASHE CROSSFIT	Women's Scaled	4
Heat 2 1:15pm	BRANDY WEAVER	SARAH BROWN	SNATCH AND CURL	ATHLETIC PERFORMANCE LAB	Women's Intermediate	1
	ASHLEY COLLEY	MELANIE MILLER	MONSTARS	UNAFFIATED	Women's Intermediate	2
	JENNIFER PRICE	SAYLAR WYATT	SCALED AF	ASHE CROSSFIT	Women's Intermediate	3
Heat 3 1:30pm	KENDAL MORETZ	TIFFANY NORMAN	DONUT DEADLIFTERS	ASHECROSSFIT/BOONE CROSSFIT	Women's Rx	1
	KATIE DEBAILLIE	HEATHER WARD	CHATTY CHALKERS	CROSSFIT CATAWBA VALLEY	Women's Rx	2
	KATE SETZER	BREANN TALLENT	DONUT GIVE UP	PEAK PERFORMANCE	Women's Rx	3
Heat 4 1:45pm	KARA PETRUZZELLI	CHARITY HUFFMAN	BUILT NOT BOUGHT	CCV/CROSSFIT HICKORY	Women's Rx	1
	MINDY MELOTT	KRISTINE WHITE	SALUTE THE GLUTES	CROSSFIT MORGANTON/CCV	Women's Rx	2
	STEVIE DELLINGER	HILLARY PARHAM	AVERAGE JOES	UNAFFILIATED	Women's Rx	3
	SHALANA GROGAN	LAURA MCGLAMERY	JUDY'S WITH SASS	PEAK PERFORMANCE	Women's Rx	4
Heat 5 2:00pm	VICTOR RAY	ADAM HENSLEY	HSTL MADE	HARD EXERCISE WORKS ASHEVILLE	Men's Scaled	1
	HADEN BAKER	RYAN HENSLEY	BENDING BARS AND BREAKIN' PRs	CROSSFIT MORGANTON	Men's Scaled	2
	GAVIN TANNER	ANTWAN GIBSON	ROLLING HEAVY	CROSSFIT SPARTANBURG	Men's Intermediate	3
Heat 6 2:15pm	MATT WHITE	GARRETT HUFFMAN	THE CLEAN JERKS	CCV/CROSSFIT HICKORY	Men's Rx	1
	MARTY PETERS	BRANDON STEWART	PETER STEW	ASHE CROSSFIT	Men's Rx	2
	FRANK LEDEZMA	MATT MORETZ	JALAPENO HOTTIES	ASHE CROSSFIT	Men's Rx	3
Heat 7 2:30pm	PATRICK HENSON	MARCUS LAROCHE	PEAK PERFORMANCE	PEAK PERFORMANCE	Men's Rx	1
	KIRK WILLIAMS	AARON BRITTIAN	PAIN & GAIN	CROSSFIT MORGANTON	Men's Rx	2
	LAWRENCE BELAS II	JONATHAN COLSON	JONATHAN & LAWRENCE	EAST 10	Men's Rx	3
3:00pm	AWARDS					